



Brand: _____

Store: _____

Model: _____

Website: _____

Motor:

What is the warranty of the motor? _____
 (look for a min. of 20 year motor warranty)

What is the HP of the motor? _____ (continuous Horse Power)
 (min. 1.5 H.P. continuous required)

What type of rating is STAMPED on the motor? _____
 avoid ratings such as: "treadmill duty", "Air Over" and "Peak",
 make sure its stamped CONTINUOUS!

What is the RPM? _____ (revolutions per minute)
 (for walking make sure the R.P.M is under 5000, and for running under 4000 R.P.M.'s)

Does the motor have fans attached to it? YES NO
 (Avoid fans, as they tend to wear out the components faster)

Does the motor slow down with every step? YES NO
 (slowing down will give you a sign of hesitation, make sure the torque is consistent)

Belt:

What is the warranty on the belt? _____

What is the width of the belt? _____
 (make sure the belt width is minimum 18" wide for walking and 20" for jogging or running)

What is the length of the belt? _____
 (for safety and comfort a minimum of 55" is needed)

Orthopedic belt? YES NO
 (Orthopedic belts will give you an additional layer of cushion)



Deck:

What is the warranty on the deck? _____

Is the deck MDF or Particleboard? MDF or Particleboard

(make sure the deck is made of M.D.F., particle board is prone to cracking)

What is the thickness of the deck? _____
 (For walking 3/4" is sufficient, for jogging and running make sure it is 1")

Is the deck laminated on both sides? YES NO

(lamine on both sides is a sign of quality in the construction)

Elevation Motor:

What is the warranty on the elevation motor? _____
 (make sure the elevation motor is covered for at least 10 years)

Does the treadmill elevate from the front or rear? _____
 (rear elevation will tend to compromise stability and quality)

Does the computer display the % of elevation? _____

Motor Controller:

What is the warranty of the motor controller? _____

Is the motor controller PWM or SCR? _____
 (look for PWM motor controllers, SCR is found on the lower quality department store treadmills)

Rollers:

What is the warranty of the rollers? _____

What is the diameter of the rollers? _____
 (min. of 1.75" is required)

Are they cartridge bearings or sealed? _____
 (look for replaceable cartridge bearings, make sure you can see a "c" clamp at the end of the roller)



Cushioning:

Is the treadmill too bouncy when you step on it? YES NO
(AVOID bouncy treadmills!)

Is the front of the deck softer than the back? YES NO
(look for the deck to be softer in the front to ensure lateral stability)

Does the treadmill use variable durometer isolators? YES NO
(If the treadmill uses VD Isolators it will tend to have a better cushion system)

Where are the rubber isolators positioned? _____
(make sure the isolators are positioned throughout the treadmill, not just in one spot in the middle)

Does it use springs for cushioning? YES NO
(springs will make the treadmill bouncy and throw impact back up to your joints)

Frame:

What is the warranty on the frame? _____
(any quality treadmill will have a LIFETIME warranty on the frame!)

Is the frame Aluminum or Steel? Steel or Aluminum
(AVOID ALUMINUM frames!)

Is the frame welded or bolted? Welded or Bolted
(make sure the frame is WELDED!)

Does the frame shake side to side? YES NO
(make sure the frame is sturdy)

Do I kick the motor cover when I want to push a button? YES NO

Warranty:

Who fixes it? _____ How long is the labor warranty? _____

Do they come to my house? _____ Is there a trip charge? _____

after you have gathered all the information visit our website to see the benefits and advantages of the results you have gathered.