



Cushioning:

Is the treadmill too bouncy when you step on it? YES NO
(AVOID bouncy treadmills!)

Is the front of the deck softer than the back? YES NO
(look for the deck to be softer in the front to ensure lateral stability)

Does the treadmill use variable durometer isolators? YES NO
(If the treadmill uses VD Isolators it will tend to have a better cushion system)

Where are the rubber isolators positioned? _____
(make sure the isolators are positioned throughout the treadmill, not just in one spot in the middle)

Does it use springs for cushioning? YES NO
(springs will make the treadmill bouncy and throw impact back up to your joints)

Frame:

What is the warranty on the frame? _____
(any quality treadmill will have a LIFETIME warranty on the frame!)

Is the frame Aluminum or Steel? Steel or Aluminum
(AVOID ALUMINUM frames!)

Is the frame welded or bolted? Welded or Bolted
(make sure the frame is WELDED!)

Does the frame shake side to side? YES NO
(make sure the frame is sturdy)

Do I kick the motor cover when I want to push a button? YES NO

Warranty:

Who fixes it? _____ How long is the labor warranty? _____

Do they come to my house? _____ Is there a trip charge? _____

after you have gathered all the information visit our website to see the benefits and advantages of the results you have gathered.